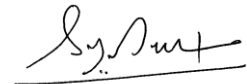


Introductory Clinical Appointment 2014/15 Batch

GUIDELINES FOR PATIENT STUDIES

1. The students must complete four histories. They need not be in all four subjects.
2. Each history must have the following:
 - a. Patient identification
 - b. Presenting complaint and its duration
 - c. Subsidiary complaints
 - d. The chronology of the illness
 - e. Systems review
 - f. Past history
 - g. Family history
 - h. Social history
 - i. General examination
 - j. Examination of systems.
 - h. Summary of history and examination



Professor S A M Kulararatne
Clinical Co-ordinator

OBJECTIVES OF THE INTRODUCTORY CLINICAL PROGRAMME
2014/ 15 Batch

The following knowledge, attitudes and skills should be acquired by the students during the appointment. The students should:

1. Understand the importance of punctuality, courtesy, respect to patients and clean attire.
2. Get a basic understanding of how the hospital works
3. Be able to interview and examine a patient and document the findings
4. Know the meaning of; identifying clinical problems
5. Understand medical ethics and communication skills

The above is the first step taken to achieve the wider goals of clinicals shown below:

At the end of all the clinical appointments the learners should be able to

1. Take a full history and do a complete physical examination.
2. Identify the problems, based on clinical findings.
3. Formulate a comprehensive summary of the clinical evaluation.
4. Analyse the clinical findings and arrive at a differential diagnosis/diagnosis
5. Plan and execute (under supervision) appropriate tests and bed side examinations.
6. Propose a management plan for the patient and execute the same under supervision.
7. Demonstrate thorough theory knowledge on the common surgical conditions listed in the booklet.
8. Apply the theory knowledge to the care of patient management.
9. Carry out emergency management, pending help.

Some hard facts to be known about clinical teaching/learning

The following will give you an understanding about clinical environment and how to learn from it.

Teaching volume will not be uniform across the different units or at different times in the same unit. However, by working in different units during the clinical rotation you will have an ample opportunity to see all types of patients to learn from and around.

Patients are human beings with different attitudes, concepts and different physical and mind frame. They are not duty bound to co-operate with you. You must respect them and try to work along rather than withdrawing from 'difficult' patients.

Busy clinical work may not allow you to have comfortable and protected reading time. So read whenever or wherever possible. Doctors have to work long hours and so would be for medical students. You will have to learn your theory around your patients not solely from the book.

Students should possess the following:

1. Overcoat/Name badge
2. Equipment for proper clinical assessment
i.e. stethoscope/knee hammer/torch/tape etc.
3. Recommended books:
Hutchinson's Clinical Method
Ten Teachers – for Obstetrics & Gynaecology (section on history taking and examination)
Illustrated textbook of Paediatrics (Section on history taking examination)

Duration of the course: 03 weeks

Framework

Areas to be covered in a comprehensive, full time, integrated 04 weeks appointment

1. The clinical method
 - a) History & examination
 - b) The identification of clinical problems based on above
2. The History
 - History
 - Presenting complaint and the duration
 - Subsidiary complaints and the duration
 - History of presenting complaints
 - Sequence of events
 - Systems review
 - Past history
 - Family history
 - Drug history, drug allergy
 - Personal and social history

3. General examination
4. Cardiovascular system
5. Respiratory system
6. Abdomen
7. Nervous system
 - Higher functions
 - Cranial nerves
 - Motor system
 - Sensory system
 - Co-ordination
8. Muscular skeletal examination
9. Mental state & emotional state
10. Genitalia, Hernia, Ulcers, lumps
11. Examination of newborn baby

Introductory Clinical Appointment 2014/2015 Batch
DAY-TO-DAY STRUCTURE

100% attendance is expected in all components of the course.

In accordance with agreed format of the introductory clinical appointment, the day-to-day structure for the introductory clinical appointment is given below. All lectures of this program will be held in the *Physiology Lecture Theatre*.

Students are allocated to 04 major groups and will go on rotation among the professorial units in the **AFTERNOONS** during the 3 weeks appointment. Students are expected to undertake patient studies in the afternoons. Four patient studies (**History and Examinations**) will be evaluated on the 12th Day of the introductory appointment (i.e. 12th December 2018). The evaluators will be named in the due course. The summing up will be held at the **East Lecture Theatre from 8.00 am**.

It is compulsory that, students are expected to obtain a grading of **pass** at the presentations of patient studies to be successful at the Introductory Clinical Appointment.